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This Chick's Flicks: Guilt-Less Pleasures

Posted by [Sarah Katz](#) - 10/23/2012 - [Features](#), [Movies](#), [This Chick's Flicks](#)



Dear Readers,

We talk a lot about “guilty pleasures”—you know, those things we do or like that we know we shouldn’t. But, I wonder:

How much “guilt” do we really feel about them?

Maybe it’s me, but I just can’t muster any real “guilt” about loving some of the chick flicks that I love... no matter how much judgment I face for my inability to get it up to please the haters. Effectively, these movies are my **“guilt-less pleasures”**...and I’m willing to bet that at least some of you can empathize in this regard.

So today I share with you, dear Readers, my top 5 favorite guilt-less pleasures. For each, I’ve given: 1-3 descriptive hashtags (à la my daily chick flick recommendation tweets); the plot, the cast, and some other basic info (doing my best to avoid as many *SPOILERS* as possible...sorry for any that slipped in!); and a trailer or other [video](#) (admittedly, some have ads and the quality varies...again, sorry!).

Give these chick flicks a chance...and when you love them too, I hope you’ll feel free to abandon any guilt you might otherwise have felt about doing so, or not even bother to pretend that you feel guilty in the first place.

* * *

***The Wedding Date* (2005)**

#Family #RomCom

A frequent item in the TBS weekend lineup, ***The Wedding Date*** is about a woman who hires a male escort to be her date at her younger sister’s wedding. Featuring witty family repartee, fun wedding festivities, surprising secrets, and a seduction scene that will leave you looking at boats in whole new light, ***The Wedding Date*** is endearing and enjoyable.

[youtube id="97EPy5Ky448" width="600" height="350"]

The Wedding Date (PG-13, 90 mins.) stars **Debra Messing, Dermot Mulroney, Amy Adams, Jack Davenport, Sarah Parish, Jeremy Sheffield, Peter Egan, and Holland Taylor.**

The Wedding Date is available on [Amazon](#) (DVD and [Instant Video](#)) and [iTunes](#) (Rent and Buy).

* * *

***Troop Beverly Hills* (1989)**

#Inspirational #Teen #GirlPower

A late 80s girl-power classic if ever I saw one, ***Troop Beverly Hills*** tells the tale of Phyllis Nefler, a socialite who takes the reins of her daughter's Wilderness Girl troop to distract herself from her impending divorce. In the process of teaching the girls how to survive the nature they're most likely to encounter—i.e., “the wilds of Beverly Hills”—Phyllis and the girls learn that, with a little faith in themselves and a strong team by their side, there's nothing they can't accomplish.

(Not the trailer, but I think this video will suffice to pique your interest...)

[youtu[youtube id="HJhchLeR1X0" width="600" height="350"]er>

Troop Beverly Hills (PG, 100 min.) stars **Shelley Long, Craig T. Nelson, Betty Thomas, Mary Gross, Jenny Lewis, Carla Gugino, Heather Hopper, Kellie Martin, and Shelley Morrison**, with appearances by **Tori Spelling, Willie Garson, Kareem Abdul-Jabbar, Frankie Avalon, Annette Funicello, Robin Leach, and Cheech Marin**.

Troop Beverly Hills is available on [Amazon](#) (DVD and Instant Video) and [iTunes](#) (Buy).

* * *

***Brown Sugar* (2002)**

#HipHop #RomCom

Another TBS favorite, ***Brown Sugar*** is the story of two friends who come to realize that their lifelong love of hip-hop is indivisible from their true love for each other. Not only is this movie totally cute, but *Brown Sugar* will also teach you a solid hip-hop history lesson (...seriously...great soundtrack).

[youtube id=[youtube id="1cMkcfL8w5k" width="600" height="350"] style="text-align: left;">*Brown Sugar* (PG-13, 109 mins.) stars **Sanaa Lathan, Taye Diggs, Mos Def, Nicole Ari Parker, Boris Kodjoe, and Queen Latifah**.

Brown Sugar is available on [Amazon](#) (DVD and Instant Video).

* * *

Gossip (2000)

#Dark #College #PowerOfRumor

Ever wonder how, or why, rumors spread? A decidedly dark take on the power of the rumor mill, **Gossip** explores how scuttlebutt can be used to exact personal vengeance, and reminds us that, like magic in *Once Upon a Time*, all gossip comes with a price.

[youtube id="][youtube id="_pWiGKrB8Bk" width="600" height="350"]le="text-align: left;">**Gossip** (R, 90 mins.) stars **Lena Headey, James Marsden, Norman Reedus, Kate Hudson, Joshua Jackson, Marisa Coughlan, Eric Bogosian, Sharon Lawrence, and Edward James Olmos.**

Gossip is available on [Amazon](#) (DVD and Instant Video) and [iTunes](#) (Rent and Buy).

* * *

Drive Me Crazy (1999)

#HighSchool #RomCom

Having spent months planning her high school's centennial celebration, popular girl Nicole needs only one thing to complete her once-in-a-lifetime night: the perfect date. When her first choice asks someone else, Nicole goes looking for an alternative...and instead finds *the one.*

You know you love **Drive Me Crazy** if you get goosebumps when, during the Centennial Dance, Nicole asks Chase, "So who are we making jealous?", and he responds, "Everyone Nicole. Everyone."

[youtube id="uDRZ1][youtube id="uDRZ1Ej_oCg" width="600" height="350"]text-align: left;">**Drive Me Crazy** (PG-13, 91 mins.) stars **Melissa Joan Hart, Adrian Grenier, Ali Larter, Susan May Pratt, Keri Lynn Pratt, Kris Park, Mark Webber, Gabriel Carpenter, Jordan Bridges, Stephen Collins, and Mark Metcalf.**

Drive Me Crazy is available on [Amazon](#) (DVD, Blu-ray, and Instant Video) and [Netflix](#) Instant.

* * *

Think my top 5 is missing something special?

Tell me your favorite guilt-less pleasures in the comments!

Want more chick flicks?

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Follow [Sarah Katz](#) on Twitter ([@sarahdkatz](#)) for daily chick flick recommendations (or tweet her for more suggestions), and stay tuned to [Screen Invasion](#) via Twitter ([@ScreenInvasion](#)) and [Facebook](#).

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